

# Through the Fire With Jesus

Life lived with victory



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## My Loss God's Promises

Reading ~~the~~ suggestions when first starting on the journey.

**Add** I have been told the first three chapters are just, well, sad. If you don't need any more **sad**, then start and read the promise at the beginning of every chapter. Think about it. Pray about it. Study it. Claim it as belonging to you because it does. **Where** Write it **down, it** will help you remember. If you need to, put that slip of paper in a place you can pull it out whenever you need ~~it as~~ a reminder.



If you are still not strong enough to read the beginning, there are scriptures at the end of each chapter. Go there. Sometimes I was devastated. Sometimes I felt alone, abandoned. It is OK to feel that way. People in the Bible **Add** did so why not us? Scriptures heal.

Now if you are still not ready for the beginning, in chapter four I started a confession list and a prayer. As you read the prayers, let them be **Add** as I am sitting in front of you, a friend. praying over you.



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friend, praying over you.

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I know all the confusion, hostility, anger, abandonment, and **cheated-by-life** feelings. I have also had crazy moments and laughable moments. Embrace them for what they are. ~~They do not make you a weak person.~~ I also know that all these pushed me to the only place I found comfort and peace, in the arms of Jesus.

Take your time reading. There is no hurry. When I was journaling the words that turned into this book, I just felt lost. I looked online for people like me, a little crazy, a little scared, a lot guilty for still being here. This is it, a lifeline from me to you. "Hang on. Don't give up. I feel your pain. Peace and comfort will come."

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believe comfort crazies desperate **God Grief**  
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# Notes

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2-3

I would suggest replacing the , with a —

2-5

Why is this in " "? This section is from you. If you want to set it off, maybe add a : after from me to you: Hang on. Etc.